



FUN DiY ACTIVITIES FOR KIDS



HOMEMADE PLAY DOUGH

YOU'LL NEED:

- 1 cup all-purpose flour
- 1/2 cup salt
- 2 tbsp cream of tartar
- 1 tbsp vegetable oil
- 1 cup hot water
- Food coloring (optional)

INSTRUCTIONS

- In a mixing bowl, combine flour, salt, and cream of tartar. Stir well.
- Add the oil and mix thoroughly.
- Dissolve a few drops of food coloring in the hot water, then pour it into the bowl.
- Stir the mixture until it forms a dough, then knead it with your hands until smooth and non-sticky.
- Allow the dough to cool completely, then store it in an airtight container or plastic wrap at room temperature for up to six months.



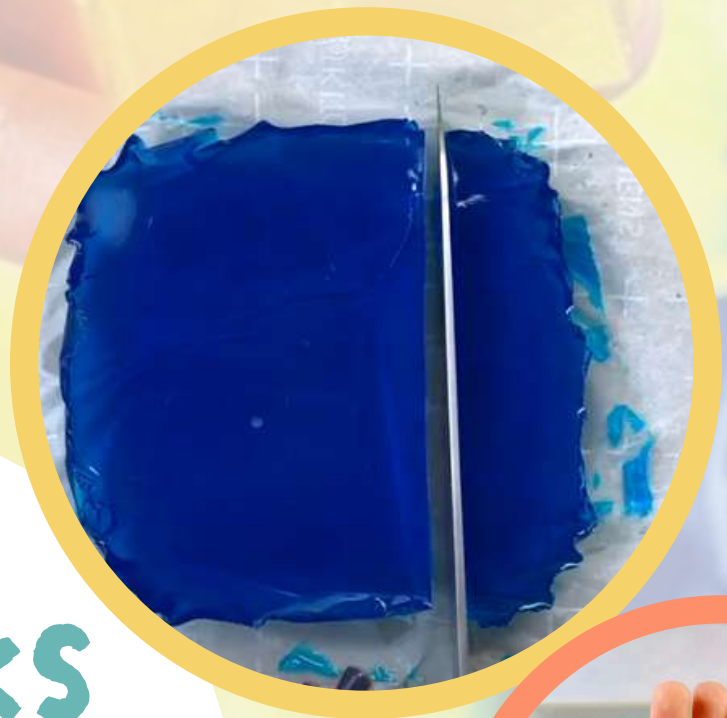
EDIBLE GELATIN BLOCKS

YOU'LL NEED:

- Unflavored gelatin powder
- Boiling water
- Food coloring
- Parchment or wax paper
- Containers

INSTRUCTIONS

- Add gelatin powder to a mixing bowl.
- Heat water and mix in a drop of food coloring. Use about 3/4 of the recommended water amount first.
- Pour the colored water into the bowl and stir quickly to prevent clumping. Then, add the remaining water and mix well.
- Line a container with parchment paper and pour in the mixture.
- Refrigerate for 3-4 hours until firm.
- Once set, lift the wax paper, remove the gelatin, and cut into block shapes.





EDIBLE SLIME

YOU'LL NEED:

- 1/4 cup chia seeds
- 1 ³/₄ cups water
- Food coloring
- 3-4 cups cornstarch

INSTRUCTIONS

- Combine chia seeds, water, and food coloring in a bowl.
- Cover and refrigerate overnight.
- Gradually add cornstarch, about 1 cup at a time, mixing well after each addition until it reaches a slime-like consistency.
- The slime should be stretchy but not too sticky.
- Store in the refrigerator with a cover. Add a little water before each use to reactivate the texture.





FIZZY FUN BLOCKS

YOU'LL NEED:

- 1 cup baking soda
- 1 tsp unflavored gelatin
- 1/4 cup water
- Food coloring
- Ice cube tray
- Vinegar

INSTRUCTIONS

- Combine baking soda and gelatin in a bowl.
- Mix a few drops of food coloring into the water and pour it into the dry mixture. Stir well.
- Evenly distribute the mixture into an ice cube tray.
- Freeze overnight until solid.
- Pop the cubes out and pour vinegar over them—watch the fizzy reaction!





SAFE & EDIBLE TASTE SAFE PAINT

YOU'LL NEED:

- 1/4 cup salt
- 1/2 cup flour
- 1/2 cup water
- Food coloring

INSTRUCTIONS

- In a bowl, mix flour and salt.
- Add a few drops of food coloring to the water, then pour it into the dry mixture.
- Stir well until smooth, adjusting water as needed for the desired consistency.
- Store in the refrigerator—lasts up to 6 months!





FUN PUFFY PAINT

YOU'LL NEED:

- Glue
- Shaving cream
- Food coloring
- Ziploc bag
- Scissors

INSTRUCTIONS

- Mix equal parts glue and shaving cream in a bowl.
- Add food coloring and stir well.

For a DIY piping bag:

- Transfer the paint into a Ziploc bag.
- Seal the bag and snip a small corner.
- Squeeze the paint through the opening for fun, textured designs!





BABY FRIENDLY PAINT

YOU'LL NEED:

- 1/2 cup baby cereal (any kind)
- 3/4 to 1 cup water
- Food coloring

INSTRUCTIONS

- Combine baby cereal, water, and food coloring in a food processor or whisk by hand.
- Blend until smooth, adding water as needed for the desired consistency.

Note:

While this paint is taste-safe, it's best to discourage eating it to build good habits. Always supervise little ones during activities—quick hands make quick messes!





ICE CUBE PAINT

YOU'LL NEED:

- Ice cube tray
- Water
- Food coloring
- Popsicle sticks

INSTRUCTIONS

- Fill the ice cube tray with water, leaving a little space at the top.
- Add a drop of food coloring to each section.
- Cut popsicle sticks in half and use the flat edge to mix the colors. Leave the sticks inside.
- Freeze overnight.

Tips:

Use watercolor paper for the best painting results!

